

GLUTEN FREE



Celiac Disease (NO WHEAT FLOUR, BARLEY, OATS)

NO BREAD. NO FRIES. NOTHING IN THE FRYER.

SOUPS

Pasta Fagioli (no pasta)

Check with the kitchen to see if the soup of the day is GF

SALAD/DRESSINGS (NO CROUTONS)

Blue Cheese Cranberry Vinaigrette White Balsamic Oil & Vinegar Caesar

BROILED/CHILLED/STEAMED/RAW BAR SEAFOOD

Scallops/Tilapia/Barramundi/Flounder/Sea Bass/Seafood Combo
Shrimp/Crabmeat/Oysters/Clams/Mussels

GRILLED STEAKS/CHICKEN/SEAFOOD

Salmon with mustard dill sauce

GRILLED Chicken Parmigiana with marinara sauce (no pasta)

Hamburger/Cheeseburger/Sandwiches/Wraps (no bread/wrap)

SAUTEED/BAKED

prepared with cornstarch as the thickener instead of flour (special prep)

GLUTEN FREE PASTA AVAILABLE/SAUCES:

Piccata, Marsala, Marinara, Vodka, Garlic & Oil, White Wine Garlic
Sea Bass Provincial Veal Scaloppini Eggplant Rollatini

VEGETABLES

Check with the kitchen if the vegetable & potato of the day are GF
Baked potato, roasted potatoes or any vegetables sautéed in garlic & oil

DESSERTS

HAZLENUT TORTE, ICE CREAM, FRESH FRUIT CUP, RICE PUDDING